



Immune Treatment Programme Drugs' Common Side Effects *Patient Information Leaflet*

The prescribing doctor believes that this medicine would work well for your condition even though it is licensed for a different condition – when a medicine is used for a condition not stated in its licence, it is said to be “unlicensed”

Cyclogest

Cyclogest contains progesterone which is a natural female sex hormone, produced in the body. It works by adjusting the hormone balance within the body. It is used in different indications related to pregnancy such as IVF and pre-term birth. Recent findings have suggested that women who are at risk of a miscarriage because of current pregnancy bleeding and a history of a previous miscarriage, could also benefit from progesterone treatment.¹

Indication: Given as routine to all women with history of recurrent pregnancy loss or preterm labour.

Dose: Starting at 400mg as a vaginal pessary or rectal suppository from around the time of ovulation until 16 weeks of pregnancy.

Caution: Should be used with caution with diabetes, epilepsy, hypertension, migraine and cardiac dysfunction.

Side Effects: Bloating, fluid retention, breast tenderness, cramp-like pains due to gastric disturbances and skin irritation.

Reference:

1. Coomarasamy et al, N Engl J Med 2019; 380:1815-1824 DOI: 10.1056/NEJMoa1813730