



## Immune Treatment Programme Drugs' Common Side Effects

### Patient Information Leaflet

The prescribing doctor believes that this medicine would work well for your condition even though it is licensed for a different condition – when a medicine is used for a condition not stated in its licence, it is said to be “unlicensed”

### Aspirin

Aspirin is one of a group of drugs called non-steroidal anti-inflammatory drugs (NSAIDs). It's widely used to relieve mild to moderate pain and inflammation. It is also widely used in pregnancy for different indications such as reducing risk of miscarriage, pre-eclampsia and baby's growth restriction in women at high risk of these disorders.

**Indication:** In our experience, Aspirin has been shown to reduce the risk of miscarriage, irrespective of outcome of the thrombophilia investigations.

**Dose:** The usual dose is 75mg to be taken daily between 6-9pm after food. Occasionally the dose may be increased to 150mg from 12 weeks gestation.

**Caution:** Not advisable to take if you suffer from asthma, stomach ulcers or known bleeding disorders.

**Pregnancy:** Use of low dose aspirin at any stage of pregnancy has not been associated with harmful effects<sup>1</sup>.

**Side-effects:** Generally mild and infrequent, but in hyper-sensitive patients there is a higher incident of bowel irritation (gastrointestinal) with slight asymptomatic blood loss, breathing and skin reactions.

#### Reference:

<sup>1</sup> UKTIS 2019 *best use of medicines in pregnancy* [www.medicinesinpregnancy.org](http://www.medicinesinpregnancy.org)

Document No PD8 Version 2 Issue Date: November 2019 Review Date: November 2022

**London Clinic:** Harley Street, Marylebone, London

**Surrey Clinic:** Bramshott House, 137/139 High Street, Epsom, Surrey KT19 8EH

**E:** [office@crpclinic.co.uk](mailto:office@crpclinic.co.uk) **T:** 01372 232 221 **F:** 01372 749 655